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November 24, 2021

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Eric Fan Squarage® LLC 20244 Red Cedar Dr., Walnut, CA 91789

RE: LETTER OF APPRECIATION

Dear Mr. Fan:

The Los Angeles County Management Council (LACMC) would like to extend our sincere appreciation for your valuable presentation at the "Mindfulness and Wellness: Fitness Techniques and Living in the Moment" seminar on November 18, 2021. Your significant insight and depth of knowledge on Emotional Intelligence and Mental Health in enhancing a post-modern workforce climate enabled the attendees to candidly connect with you and embrace your teachings.

Your focused experience and real-life examples of various workplace strategies and management styles and how these valuable lessons can be put into practice were beneficial to all those in attendance. Many of the attendees expressed an interest in using these essential tools in their professional lives and workplace environments. You presented yourself as an exceptional subject matter expert and addressed the attendees in a highly skillful and memorable manner. Your presentation was meaningful and provided insight, perspective, and awareness.

Thank you again for your contribution and for sharing your time and teachings with us. If you have any questions, please do not hesitate to contact me at jquevarra@bos.lacounty.gov.

Very truly yours,

Jackie T. Guevarra, Chair Education Committee

Jacker T. Swevarra

Los Angeles County Management Council